

WaterRower

PERFORMANCE ERGOMETER



OWNER'S MANUAL
ASSEMBLY MANUAL
SMARTROW INSTRUCTIONS
WARRANTY & CONTACT INFO

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INTRODUCTION

Congratulations on becoming a WaterRower owner.

Rowing is universally recognized as the perfect aerobic exercise – smooth, low impact, rhythmic and whole-body – unrivalled for its physiological benefits and aesthetic pleasures.

“ Rowing, indoors or outdoors, at any exercise level of intensity, requires a greater exercise expenditure than any other aerobic activity. Calories are burned in relation to the number of muscles used and the intensity and duration of the exercise. Rowing with a sliding seat uses a very large muscle mass since the upper, lower and trunk muscles are used vigorously. ”

-Dr. C Everett Koop- Former US Surgeon General

While most rowing machines imitate the action of rowing, they do so mechanically, and therefore lack the natural dynamics experienced when a boat and crew glide down a river.

At WaterRower, we have focused on replicating the physical dynamics of rowing, with the knowledge that this will achieve all of its physiological benefits, as well as much of the aesthetic pleasure.

To maximize the enjoyment from using your WaterRower we recommend that you follow our suggestions on rowing technique and training programs. We hope that some of the discussion points in this manual will improve your knowledge about exercise in general, so that you are better able to fulfill your specific exercise objectives.

Your WaterRower has been carefully hand-crafted to give you years of trouble-free use. You will notice that each WaterRower is unique due to the variance in color and grain that occurs naturally in genuine hardwood. We recommend that you closely follow the assembly details provided, particularly by assembling the machine in the correct sequence, and adhering to the suggested maintenance schedule.

We hope you enjoy using your WaterRower for many years to come!

SAFETY

We recommend consulting a physician before starting out with an exercise program.

Please read all instructions before using the WaterRower. Additional information on getting started, rowing technique and rowing training advice can be found at:

www.HowToRow.com.

⚠ CAUTION: Please keep hands away from moving parts when rowing machine is in use. Failing to do so can lead to injury. For further information on safety tips, please refer

to www.waterrower.com/safety.



DO NOT TOUCH WHEN IN USE

OPERATION

The WaterRower is unique in using the effect of drag to provide an exercise which is entirely self paced. Because drag is linked to speed, a crew rowing down a river chooses its intensity of exercise simply by altering the pace at which they row: the faster the boat travels the greater the drag and the harder the crew must work. There is a similar effect in swimming. By replicating these dynamics the WaterRower does not require adjustment to increase resistance: if a more intensive workout is required, simply row faster and harder, and the WaterRower will respond accordingly.

WATER LEVEL

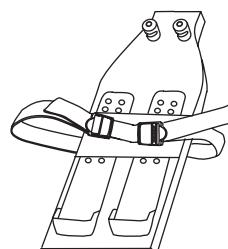
The amount of water in the Tank simulates the weight of the Boat and Crew as it glides down the river. Changing the Water Level does not change the resistance, it simply changes the mass which the user is trying to move. Increasing the Water Level simulates a heavier boat and crew mass, similarly reducing the Water Level simulates a lighter boat and crew mass.

The Water Level is adjusted according to one's personal preference or user type; the intensity is altered simply by moving the chosen mass faster or slower. A level gauge is positioned on the side of the tank. Overfilling the tank could impact the warranty coverage. Do not fill above the maximum level.

NOTE - Fill the tank with ordinary municipal water. Municipal water contains additives which will deter the growth of algae. If municipal water is unavailable, use distilled water (do not use well water). Unless using blue dye, add the purification tablet supplied with your WaterRower. (For further information, refer to the section on Preventative Maintenance for advice on Water Treatment).

FOOTPAD POSITION

The footpad has been designed to be adjusted for maximum comfort. The foot strap is designed to cross the foot at the pivot point of the toes (the ball of the foot). This should enable the heel to be raised off the footboard as the user comes forward with each stroke. The footpad can be easily adjusted to accommodate different foot positions.



Note: Do not tighten footboard assembly bolts

MAINTENANCE

START UP MAINTENANCE

During the first weeks of use, the wood in your WaterRower will adjust to the temperature and humidity of the environment. During this period it is strongly advised that you GENTLY tighten all the connecting bolts with the Allen key stored under the rear spacer. Please be careful not to overtighten any of these bolts.

Additionally, as the drive and recoil belts loosen up with use, it may be necessary to tighten the bungee cord. To do this, leave the handle in the full forward position and adjust the bungee/recoil belt buckle to provide a little more tension. It may be necessary to tighten to perform these two simple start up procedures once or twice over the first month of use. Please refer to Adjusting the Recoil video at:

www.waterrowerservice.com/videos.

PREVENTATIVE MAINTENANCE

Periodic maintenance is required to maintain the condition of the water in the tank. We strongly ADVISE USING MUNICIPAL TAP WATER which contains treatments to keep it free from bacteria and algae, etc. The water must be refreshed periodically by adding a water purification tablet provided. The purification tablet degrades by exposure to light: this may vary from 6 months in direct sunlight to 2 years in an artificially lit environment. Generally we suggest adding one purification tablet every six months.

If water discoloration occurs, add a purification tablet immediately. If the water does not clear, we recommend emptying the tank, flushing it out with clean water, refilling and adding a purification tablet. NEVER USE POOL CHLORINE OR CHLORINE BLEACH in the tank as this will irreparably damage the polycarbonate tank. The use of an alternative purification option in the tank beyond the approved WaterRower product could void the warranty.

MAINTAINING AND CLEANING

To maintain the appearance and integrity of your WaterRower it is necessary to keep the machine clean. It is particularly important to ensure that there is no dust build up in the clutch and belt mechanism between the top and bottom decks. Dust can be removed by using a cloth or vacuum cleaner.

The surface of the rails must be kept clean to prevent dust and dirt from deteriorating the seat wheels; the rails can be cleaned by wiping with a damp cloth.

The surface of the tank can be cleaned, however, please ensure you read the instructions for any cleaning fluids prior to use.

DO NOT USE METHYLATED SPIRITS, CHLORATES, BLEACH OR AMMONIA BASED FLUIDS WHEN CLEANING ANY PART OF YOUR WATERROWER. The use of improper cleaning products could void the warranty.

MAINTAINING THE WOOD

The natural wood WaterRowers are finished with Danish oil which gives a deep penetrating finish to the hardwood frame. Other than occasional dusting or polishing, the wood requires no maintenance. If you are the owner of an Oxbridge WaterRower, you will notice that Cherry wood is photosensitive and will develop a wonderful dark patina color over time. The use and/or storage of the WaterRower in inclement weather, including but not limited, to extreme temperatures and moisture could void the warranty.

STORAGE OF YOUR WATERROWER

Your WaterRower can be stored upright. Lift the rear spacer end, pull the WaterRower towards you and use the momentum to stand it in an upright position. When storing the WaterRower, please ensure the seat is in the forward position (close to the footboard). When stored upright the WaterRower is stable and it only takes the space of a chair.

USING YOUR WATERROWER

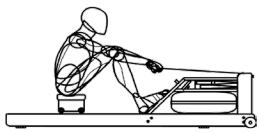
The Rowing Action uses 84% of your muscle mass; from the tips of the fingers holding the handle/oars, to the balls of the feet connected to the footboard/boat, all the muscles between these 2 points contribute to the Rowing Action.

The Rowing Action is comprised of both fast (drive phase) and slow (recovery phase) movements. It is important to combine these 2 movements into a rhythm in order to create a smooth, flowing, unhurried Rowing Action. The diagrams below show 3 basic movements of the rowing action.



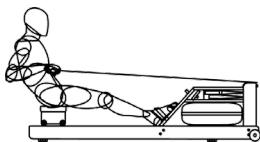
CATCH POSITION

Sitting tall, arms straight reaching forward, shoulders relaxed, head up, eyes looking forward, legs compressed and shins vertical.



DRIVE PHASE

Drive back with the legs, arms hang off the handle and only begin to bend once handle is above the knees, torso is strong with good posture and body angle opens up slowly as you drive the legs.



RELEASE POSITION

Legs straight, handle drawn to chest, sitting back just past the vertical, torso firm, shoulders relaxed, head up and eyes looking forward.

Allow yourself the first few rowing sessions to practice the correct positions and phases as well as the correct ratio and rhythm of the rowing action. With regular rowing, the technique will become easier and you will soon experience the physiological benefits of rowing.

Please visit www.HowToRow.com to learn more about the phases and positions of the rowing technique.

YOUR EXERCISE PROGRAM

Most of us recognize the benefit of exercise and the potential improvements to our general health and well-being. However, few of us fully understand the physiology of exercise and the best means of achieving our specific exercise objectives.

In order to get the most out of any exercise program, it is essential to have an understanding of what your exercise objectives are. These may include reducing or maintaining weight, improving general strength, developing bulging muscles, improving sporting competitiveness or simply avoiding the health consequences of a modern sedentary lifestyle.

It is important to set a few different types of objectives.

These are divided into:

- Immediate Objectives - weekly
- Short Term Objectives - monthly
- Long Term Objectives - yearly

Your long term objectives are your final objectives, to achieve these, you need stepping stones which are the short term objectives and immediate objectives. Objectives need to be:

- Specific - set goals that you would like to achieve by certain dates
- Realistic - do not set a standard too high or motivation will be lost
- Flexible - be prepared for set backs such as injuries and illness

WEIGHT MAINTENANCE

At lower intensities, our body uses a mixture of fat and carbohydrate as its source of fuel. As the maximum aerobic output is approached, the percentage of fat consumed as fuel reduces to zero. Also, as the duration of exercise is increased, the percentage of fat consumed tends to increase.

If your objective is weight maintenance, then the energy (food) you consume must equal energy used (exercise, metabolism etc.). Exercising for weight maintenance is best achieved at lower intensities and over longer durations. A low intensity (60 - 70% of the maximum heart rate) is typically that at which you can hold a conversation; it is by no means strenuous and is about that achieved by a brisk walk.

AEROBIC TRAINING

A sustained exercise program will improve the efficiency with which the respiratory and cardiovascular system can supply oxygen. This improves lung function, heart function, vascular efficiency and capillary growth, leading to improved well-being and endurance. At about 70 - 80% of the maximum heart rate, lactic acid begins to accumulate in the blood supply at a greater rate than it can be extracted by the liver, kidneys and other organs. Exercising above this intensity will cause progressive accumulation of lactic acid in the blood, increased heart and breathing rates and cause muscle fatigue.

Prolonged exercise at or below this intensity will maintain lactic acid at non-fatiguing levels and exercise duration will be limited solely to the depletion of available fuel stores. If your exercise objective is aerobic training (cardiovascular/endurance), then it is necessary to exercise at an intensity which will avoid fatigue due to lactic acid build up. This is best achieved at moderate levels of intensity over medium/long durations.

A moderate exercise intensity (70-80% of the maximum heart rate) is about that achieved by a steady jog, avoiding the onset of muscle soreness.

ANAEROBIC TRAINING

Anaerobic training causes the build-up of lactic acid (as rapidly as one minute after exercise is commenced). Lactic acid saturation will necessitate either a rapid reduction in exercise intensity or complete cessation.

The accumulation of lactic acid limits the contribution of the anaerobic process to total energy production. Though energy may be generated rapidly, total work capacity and total output is limited.

The level of intensity at which lactic acid begins to accumulate can be altered by training. This is best done by improving the efficiency of the aerobic process and is achieved by training at moderate levels of intensity.

Exercising at anaerobic intensities may condition an athlete's tolerance to fatigue, but the benefit can be more psychological than physiological. Prolonged exercise at high intensity not only impairs the weight reduction and aerobic training effect, but the rapid onset of fatigue can cause poor technique and increase risk of injury.

Training anaerobically is done at high intensities (80-100% of the maximum heart rate) over a short period of time (10 seconds to a few minutes). Interval training is a form of anaerobic training.

TRAINING GUIDELINES

To ensure you get the maximum benefit from training on your WaterRower and to avoid unnecessary problems or injuries here are a few guidelines:

- A health check before starting an exercise program.
- Use heart rate to monitor your intensity.
- Always warm up and cool down.
- Always stretch, especially at the end of your workout.
- Keep a record of your workouts.
- Keep well hydrated.
- Gradually increase the intensity, duration and frequency of your workouts.
- Ensure you include recovery time in your training program.
- Add variety to your workouts. (refer to HowToRow.com/workouts)

WATERCOACH

WaterCoach is a rowing education program designed to broaden the knowledge of rowing as a fitness pursuit. WaterCoach consists of three programs for the WaterRower owner, fitness professional/instructor and the general rowing machine user in the gym;

- WaterCoach Home - a rowing education program and personal training advice for the WaterRower owner.
- WaterCoach Professional - a rowing education program for the fitness professional/instructor. ACE certified course.
- HowToRow - a rowing education program for the rowing machine user, at a gym.

We hope that this expanded knowledge enables you to realize the unrivalled physical benefits of rowing and get the best from your WaterRower. For more information, please visit **www.HowToRow.com**.

TRAINING RESOURCES

For further information on your exercise objectives and rowing training types please visit **www.HowToRow.com**.

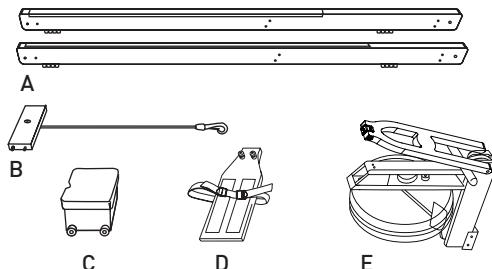
We have done our best to keep the assembly instructions as clear and concise as possible. Assembling your WaterRower takes about 30-45 minutes and the only tool you need is a 5mm Allen Key that is included on the rear spacer or in the assembly bag. The WaterRower comes partially assembled in two boxes.

PLEASE READ INSTRUCTIONS FULLY BEFORE STARTING ASSEMBLY

COMPONENTS

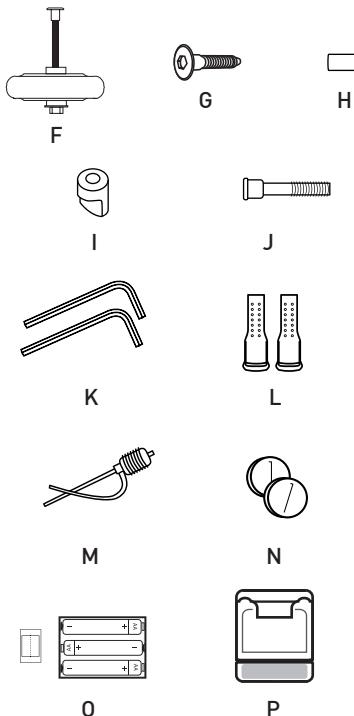
Main Parts

- A Rails* x 2
- B Rear Spacer* with Bungee
- C Seat*
- D Footboard*
- E Tank Assembly with Tablet Arm* and Phone Mount



Other Parts

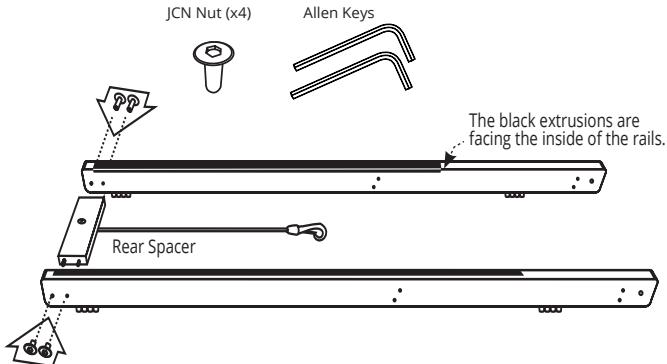
- F Dolly Wheel Assembly (WRP-D100) x 2
- G JCB (WRB-B711) x 8
- H JCN (WRP-B700) x 12
(4 are pre-installed on Rear Spacer)
- I Handle Rest (WRP-P430) x 2
- J Handle Rest Bolt (WRP-P455) x 2
- K 5mm Allen Key (WRP-B740) x 2
- L Footpads (WRP-P700) x 2
- M Syphon Pump (WRP-B405) x 1
- N Purification Tablets (WRP-B960) x 2
- O SmartRow Battery Pack with Foam Tape
- P SmartRow Phone Holder



*NOTE: Items marked above contain parts made from genuine hardwood. Color and grain variances are part of the uniqueness of this product that is made from organic (not machine made) materials.

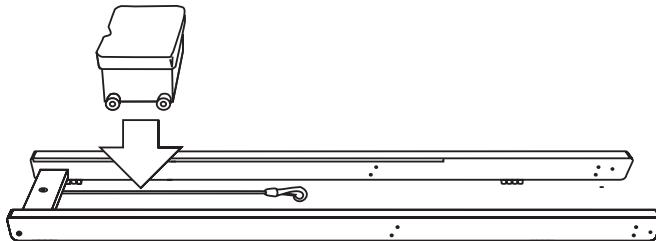
STEP 1

Lay the rails on the floor and connect the rear spacer using the female JCN nuts and the Allen keys provided.



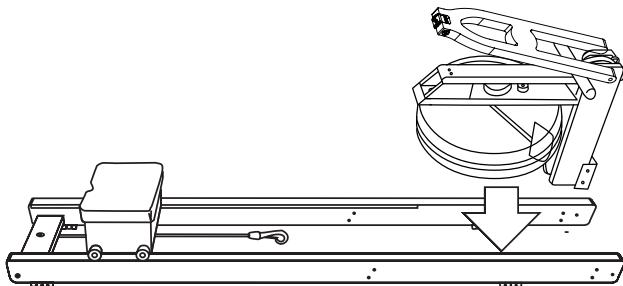
STEP 2

Place the seat assembly between the rails with the indent facing towards the rear spacer. The larger vertically mounted wheels (the load wheels) should sit on the plastic extrusions on the top of the rail. The smaller horizontal wheels below the seat (the guide wheels) should sit between the rails. It may be necessary to separate the rails slightly to allow the guide wheels to fit down between the rails.



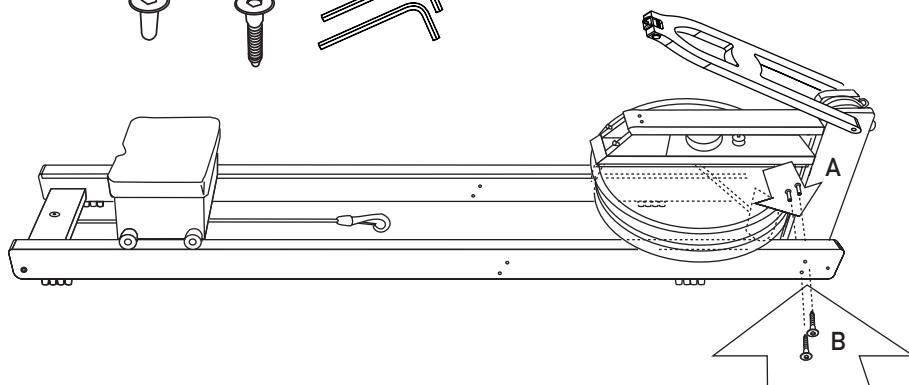
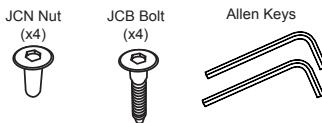
STEP 3

Place the tank assembly between the rails.



STEP 4

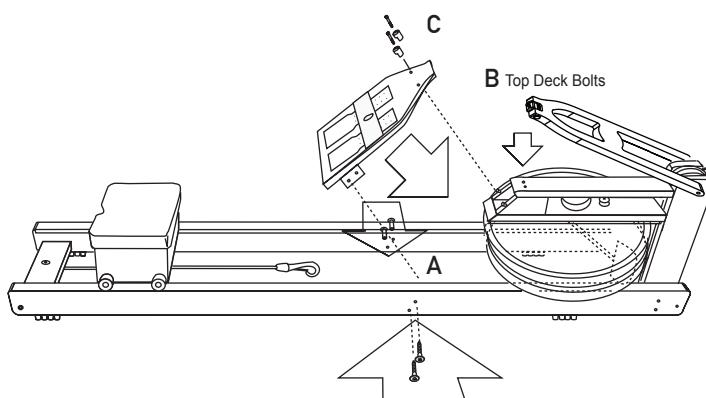
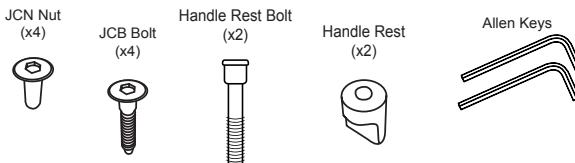
Insert the JCN Nuts and JCB Bolts attaching the tank to the rails at locations A & B. The nuts should be placed on the inside and the bolts on the outside.



STEP 5

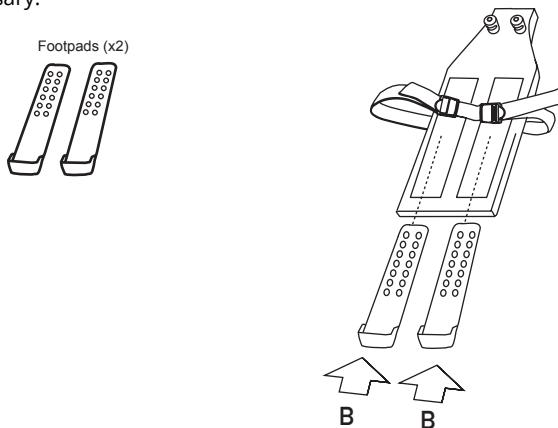
Place the footboard between the rails positioning the top two holes over the two threaded holes in the tank unit. It may be necessary to slightly loosen the two bolts on the Top Deck (B) to allow the footboard clearance. Insert the JCN Nuts and JCB Bolts attaching the Footboard to the Rails at A. Screw the Handle Rests into position using the Handle Rest Bolts (C); do not over tighten.

*Should you experience any problem with aligning the components, loosen all the fasteners, align and re-tighten.



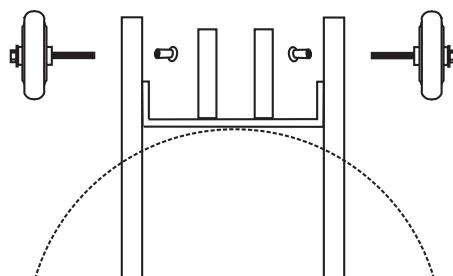
STEP 6

Slide the footpads (B) underneath the footpad cover plate. Use a flat head screw driver to lift the footpads up and over the lip of the cover plate. The footpads can be adjusted by lifting the top lip of the footpad up to unhook it and repositioned on another hole. Adjust as necessary.



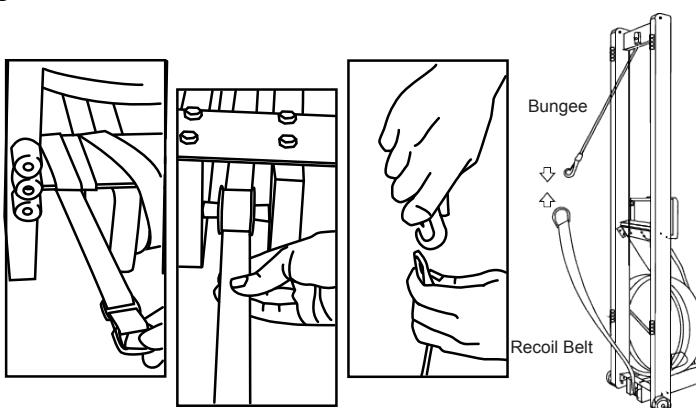
STEP 7

Undo the Dolly Wheel Assembly and fix to the rail in the order shown and tighten.
Note - the wheel goes on the outside of the Rail.



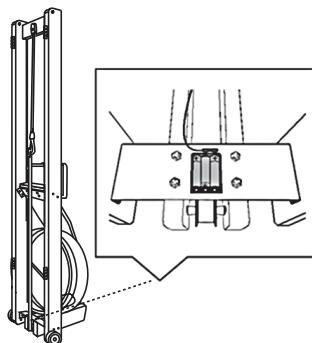
STEP 8

Stand the WaterRower upright. Release the recoil belt (which is wrapped around the bracket at the base of the machine). Ensure that the recoil belt is passing over all guide pulleys. Connect the bungee to the recoil strap by hooking the bungee hook through the recoil belt D-ring.



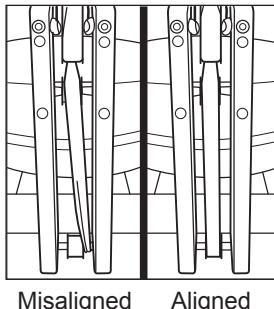
STEP 10

Use the double-sided foam tape to stick the battery pack to the forward riser metal bracket. Feed the battery-cable of the SmartRow downwards and connect the clip to the battery pack.



STEP 9

Before filling the tank and rowing, ensure that the recoil belt passes smoothly over all pulleys.



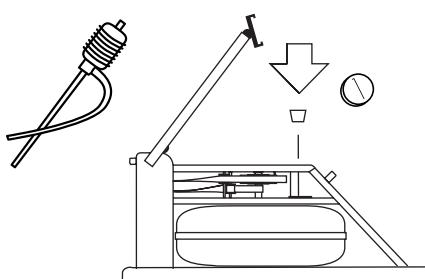
STEP 11

Lay the unit flat and remove the tank stopper from between the top and bottom deck. Use the included syphon pump (or a hose if available) to fill the tank to the desired level with municipal water.

Insert one purification tablet (provided) now and every six months. Additional purification tablets are available upon request at: www.waterrowerservice.com/puritabs

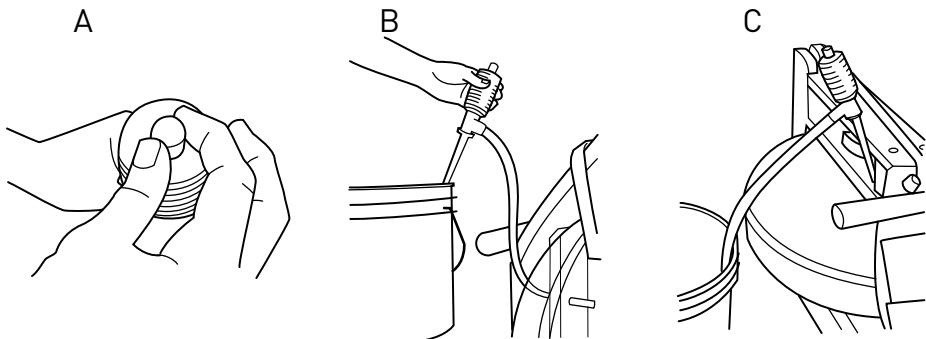
Once completed, insert the Tank Stopper; it may be necessary to moisten the Stopper to assist with replacement.

► Please wipe excess water from wooden components after filling



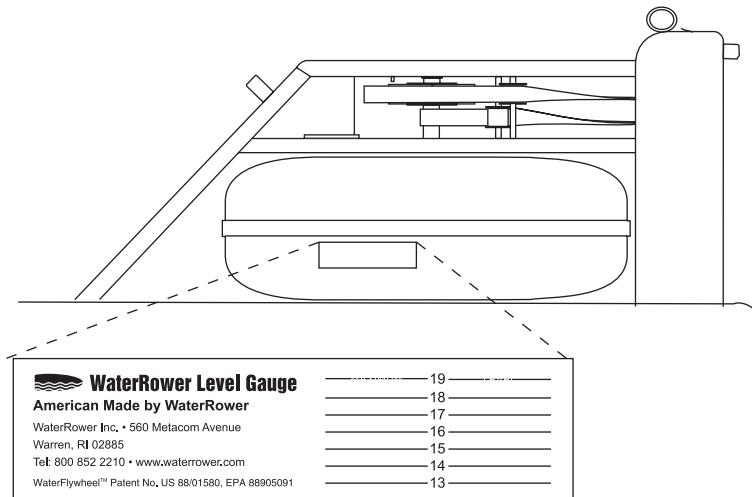
HOW TO FILL AND EMPTY THE TANK

- 1) To pump water, turn the knob clockwise to close valve as shown in figure A
- 2) Locate water source above (higher than) water destination:
 - See Figure B for filling tank
 - See Figure C for emptying tank
- 3) Squeeze pump 4-5 times until water flows
- 4) Turn knob counter-clockwise to allow air into the pump and end siphon.



WATER LEVEL

The Level Gauge is positioned on the side of the tank. Information on the sticker includes WaterRower contact information and the Water Level Gauge. The maximum level to fill the tank is Level 19. DO NOT fill above the maximum level - this could void the warranty. The standard Calibration Level is Level 17.



The WaterRower Performance Ergometer is the world's most advanced rowing machine. Integrated SmartRow technology measures absolute force and drive length to give a highly precise and in-depth analysis of each stroke. Rowing data wirelessly transmits to the SmartRow app in real time to be viewed as you row.

Follow the step by step guide below to get started:

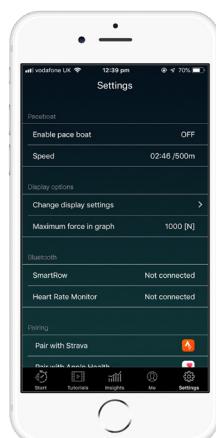
STEP 1

Download the SmartRow app to any iOS or Android device. This can be done through the App Store for iOS, and through Google Play for Android.



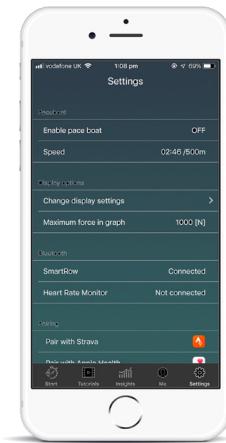
STEP 2

Open the app and select the settings icon in the bottom right.



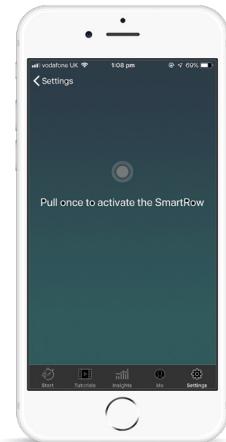
STEP 3

Under Bluetooth click SmartRow.



STEP 4

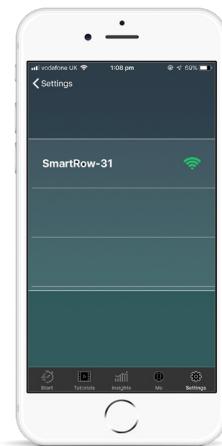
Pull the handle once to pair the SmartRow with the App.



STEP 5

Select the available SmartRow.

The device should now be connected and ready for full use.



PERSONALIZING YOUR HOME SCREEN

You can personalize almost all of the metrics (settings > change display settings) and choose from the list below:

- Power [W]- the power in Watts, of the last stroke
- Ave. Power [W]- the average power in Watts since the start of your workout
- Energy [Kcal]- the energy burnt in calories since the start of the workout
- Str./min- the actual number of strokes per minute
- Str. length [cm]- length of the last stroke
- Str. count- number of strokes since the start of the workout
- Work [J]- the energy, in Joules, of the last stroke
- Peak force [N]- the maximum force, in Newton, during the last stroke
- Speed / 500m- the 500-meter split-time, of the last stroke
- Ave. speed /500m- the average 500-meter split-time, since the start of the workout
- Speed [m/s]- the speed in m/s, of the last stroke
- Speed [km/h]- the speed in km/h, of the last stroke
- Speed [kCal/h]- the speed in kCal/h, of the last stroke

FREQUENTLY ASKED QUESTIONS

1. How do I turn on the SmartRow?

One stroke will activate the SmartRow. When you see two blinking blue LED's the SmartRow will start searching for a connection. If a Bluetooth connection is not detected within 1 minute, the device will turn itself off.

2. What do the flashing blue lights indicate?

Blue lights mean the SmartRow is searching for a Bluetooth connection. Open the SmartRow app and press the Bluetooth button or go to settings to initiate a connection.

3. What do the flashing red lights indicate?

Red lights mean the batteries need replacing. The SmartRow uses 3x AA batteries.

4. Should I create an account?

If you register an account, and you are logged in, all your workouts will be stored on the server and will always be available on other devices. If you don't, your workout-data will get lost when you switch to another device.

5. Does the SmartRow need to be calibrated with the WaterRower?

No, you don't have to calibrate anything at all. SmartRow will calibrate itself, and in doing so, it automatically adjusts for changes in the recoil bungee over temperature and time.

6. What is Watt/kg and Watt/beat?

These are professional fitness indicators. After a workout, the SmartRow app divides the average power by the weight you entered in 'profile settings'. If you are using a heartrate monitor, the app will show you the 'Watt/beat', which is the division of average power and average heartrate.

7. What heart rate monitors are compatible with SmartRow?

The SmartRow app is compatible with most Bluetooth Heartrate straps on the market. Please make sure it uses the open standardized Bluetooth protocol. We recommend using the Polar H7 (a chest strap is the most accurate) or the Scosche RHYTHM+ if you'd prefer an optical heart rate monitor.

8. How can I improve my technique using SmartRow?

To improve your rowing technique, the force curve display should be selected. This force curve is drawn immediately after each stroke and shows you the Force [in Newtons] against the Stroke length [in centimetres]. The surface below the curve equals the amount of Work [in Joules]. This number is very useful, as it shows you the amount of energy produced, independent of your stroke rate. The higher the amount of work, the more effective is your stroke.



Perfect force curve

9. What batteries should I use and how many hours can I row on the batteries?

We advise 3 x AA 2600mAh Alkaline batteries. Other 1,5Volt AA's will do, but this may affect the number of hours you can row. With most battery qualities you can row at least 50 hours.

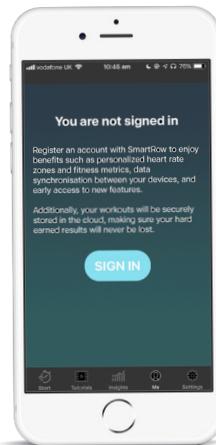
10. Which Android phones and/ or tablets can I use the SmartRow App?

You can use the app on all Android devices with an equipped Bluetooth LE chip and on which Android 6 (Marshmallow) or higher is installed. Always make sure you're using the latest Android version to benefit from the latest app features.

CREATING A SMARTROW ACCOUNT

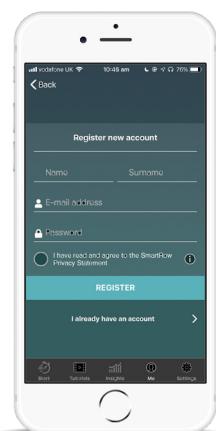
STEP 1

Select the **Me** icon and select **Sign In**.



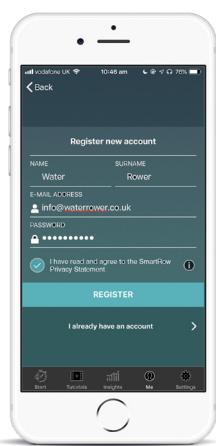
STEP 2

Fill out the relevant details.



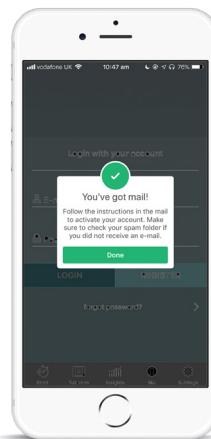
STEP 3

Once complete, select the **Register** button.



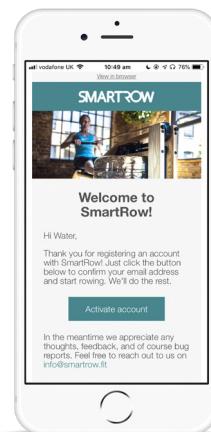
STEP 4

Login to your email account to view activation email.



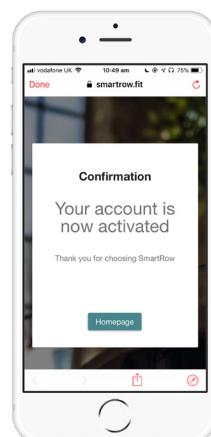
STEP 5

Open the email from SmartRow and select 'activate account.'



STEP 6

Account should now be activated and ready for full use.



LIMITED WARRANTY

What This Limited Warranty Covers: In-Home and Commercial Use - WaterRower (US) Inc. ("WaterRower") will replace or repair at its factory or nominated service facility any WaterRower Rowing Machine ("the Product") found to be defective in material or workmanship for a period of ONE (1) YEAR from the date of initial shipment of the Product by WaterRower. This Limited Warranty is upgradeable to THREE (3) YEARS on all components, excluding touchscreen electronics, electronics accessories and rechargeable batteries, and FIVE (5) YEARS on the structural frame by registering the Product within the first year of purchase.

WaterRower warrants against defects in material or workmanship for touchscreen electronics, electronics accessories and rechargeable batteries received from WaterRower or any of its authorized dealers for a period of ONE (1) YEAR after the date of shipment.

WaterRower warrants against any replacement WaterRower spare part received from WaterRower or any of its authorized dealers for a period of NINETY (90) DAYS after the date of shipment.

This Limited Warranty applies to the initial purchasers of the Product or spare part and is not transferable to any other party.

How Can a Customer Obtain Warranty Service: A customer making a warranty claim is responsible to return the defective Product or component to WaterRower's factory or its nominated service center, prepaying all postage or other shipping charges. The Product or component must be returned to your nearest WaterRower office or nominated service center (<https://www.waterrower.com/contact-us>). The customer must first notify WaterRower of his/her intent to return the Product or component and receive a confirmation from WaterRower before the Product is returned.

Claimant's Responsibilities: A claimant must ensure that the defective Product or component are properly packed to protect it from damage during shipping. WaterRower will not be responsible for any damage that occurs to the Product or component during shipment.

What WaterRower Will Do: WaterRower, will review, repair or replace the Product or component at WaterRower's discretion. WaterRower will then return the repaired or replaced Product or component to the claimant at WaterRower's expense. WaterRower will ground/economy ship all replacement warranty Products or components to claimant. Charges will apply for any alternative shipping methods requested by claimant. Product shipped outside of its initial purchase country may be subject to additional shipping costs. Where the product warranty has been deemed void, the costs of repair and any associated shipping costs shall be borne by the claimant. WaterRower will contact the claimant prior to return of the repaired Product or component.

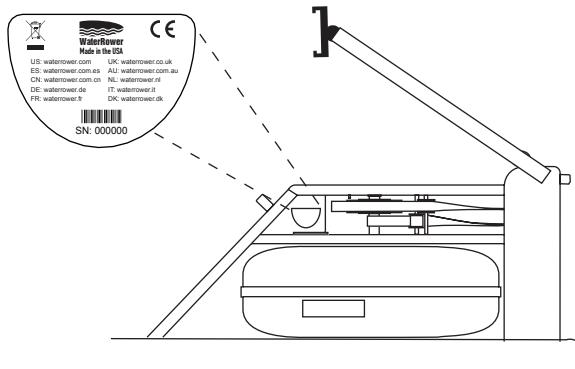
This Limited Warranty Will be Void When: This Limited Warranty will be void if the claim has resulted from: (a) improper assembly of the Product, (b) usage of the Product beyond its design, (c) overfilling of the Product's water tank, as explained in the WaterRower Assembly Manual, (d) use of a purification product in the water tank other than that which has been approved by WaterRower, (e) use of improper cleaning materials, as described in the preventative maintenance steps in the WaterRower Owner's Manual, (f) use and/or storage of Product in inclement weather, including but not limited, to extreme temperatures and moisture; (g) accident, abuse, misuse, misapplication or as a result of any modification other than that authorized by WaterRower, and (h) improper preventative maintenance steps as described in the WaterRower Owner's Manual.

Restriction on the Duration of Implied Warranties: The term of any implied warranty, including but not limited to any implied warranty of merchantability or fitness for a particular purpose that may arise under your country province or state law is limited to the term of the express Limited Warranty in the first paragraph, above. Some states (countries and provinces) do not allow limitations on how long an implied warranty lasts, so the above limitation may not apply to you.

Restriction on Other Damages: WaterRower shall not be liable for any direct, consequential, incidental, indirect or special damages under this Limited Warranty or any implied warranty that may arise under your country, province or state law. Some states (countries and provinces) do not allow the exclusion or limitation of incidental or consequential damages, so the above limitation or exclusion may not apply to you.

Any dispute arising from the terms of this Limited Warranty must be resolved in a court within the state of Rhode Island, USA.

Additional information on parts, assembly, preventative maintenance and manuals, as referred to within this Limited Warranty, can be found at www.waterrower.com/warranty



Make note of the serial number. This number can be found on the right side of the key bracket and is required when contacting WaterRower for customer support.

S/N^o: _____

If you have any questions or comments about the assembly or use of this unit, please contact support@waterrower.com or the phone numbers on the back of this booklet.

NOTES



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